

Top Chef Meals

Top Chef Meals

<https://topchefmeals.com/>

1-800-616-8044

- * Starts at \$8.95+/meal
- * 10% Off for individuals over 60
- * Shipping charged based on zip code
- * No minimum order required
- * Low Carb, Paleo, Low Sodium, Diabetic, Low Fat, Renal Friendly, Gluten Free, Dairy Free



**Not an all inclusive list of frozen meal deliver services, other services focus on weight loss and specific diets. If you can prepare a meal, but have difficulty planning/shopping for ingredients, try companies that ship fresh ingredients for a menu of meals. (For example: Blue Apron, Hello Fresh, and Home Chef)

Office Hours
7:45am—4:30pm
Monday-Friday

Contact us

Web: www.daneadrc.org

Email: adrc@countyofdane.com

Facebook: [ADRC DaneCo](https://www.facebook.com/ADRC DaneCo)

Phone: 608-240-7400

Toll free: 855-417-6892

2865 N Sherman Ave, Madison, WI 53704



Prepared Meals Delivered by Mail

The following companies provide fully-cooked meals delivered to your door, they need to be reheated in the microwave or oven.

**Information courtesy of ADRC of Dane County. The ADRC does not endorse or recommend specific companies. The ADRC does not prepare and deliver frozen meals.



FACTOR_

Factor75

<https://www.factor75.com/>

888-573-5727

- * Starts at \$11/meal
- * \$9.95 flat rate shipping
- * 6 meals/week minimum
- * Gluten-free, soy-free. Not recommended for those with Celiac Disease (Kitchen is not certified gluten-free).



Freshchef MKE

<https://freshchefmke.com/>

414-467-5121

- * Starts at \$9.60/meal
- * Gluten-free, low-carb, low-sodium, some KETO friendly meals
- * 4 meals/week minimum
- * \$8 Delivery fee, deliveries take place on Mondays from 4-8pm



Homestyle Direct

[https://](https://www.homestyledirect.com/)

www.homestyledirect.com/

1-866-735-0921

- * Starts at \$7.95/meal
- * \$19.95 flat rate shipping
- * No minimum order required
- * Carb Controlled, Gluten Free, Low Calorie, Low Fat, Renal Friendly, Sodium Controlled



Magic Kitchen Meals

<https://mkmeals.com/>

1-800-766-1765

- * Starts at \$12/meal
- * Typically, shipping starts at \$18.95
- * No minimum order required
- * Low sodium, Diabetic-friendly, Portion-controlled, Renal (CKD Stage 3 & 4), Dialysis-friendly, Nutritionally balanced



Mom's Meals

<https://www.momsmeals.com/>

1-877-508-6667

- * Starts at \$7.99/meal
- * \$8.99 for pureed, Renal friendly, and Gluten Free meals
- * 10% discount for veterans
- * \$14.95 flat rate shipping
- * Heart Friendly, Diabetic Friendly, Renal Friendly, Cancer Support, Pureed, Gluten Free, Vegetarian, Low Sodium



Silver Cuisine

<https://www.silvercuisine.com/>

1-844-404-3663

- * Starts at \$7.49+/meal
- * \$19.95 flat rate shipping
- * Free Shipping on orders \$99+
- * No minimum order required
- * Heart Healthy, Gluten Free, Diabetic, Low Sodium, Low Carb, Dairy Free, Mediterranean, Vegetarian