



2865 North Sherman Avenue
Madison, WI 53704
608-240-7400
www.daneadrc.org

Connecting people with the assistance they need

Quick Guide to Memory Cafés

Purpose

To provide a safe, comfortable and engaging environment where people with memory loss and their care partners can laugh, learn, and remain socially engaged with others. The Memory Café encourages friendship and acceptance.

What is it?

A time and place where people can congregate without the fear of judgement. Memory Cafes provide a relaxed atmosphere for participants to engage in conversation and choose from a multitude of different activities to partake. The activities are often focused on education and the arts and sometimes include guest speakers and presentations from other community members.

Who is it for?

For individuals with memory loss, mild cognitive impairment, or other dementias, their care partners, family, and friends. Some Cafe's permit individuals with memory concerns to attend unaccompanied, if desired, and some prefer it to be a shared experience with their caregiver. Call your local Cafe to find out more details. No formal assessment needed.

History

Memory Cafés originally began in Europe and were government funded. While there is currently no government funding in the United States; grassroots efforts have encouraged cafés throughout the US.



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Memory Cafés

Memory Cafés	Location and Contact for information
ARTS for ALL Wisconsin 2 nd Thursday of the month 10:00-11:30 am	Middleton Senior Center 7426 Hubbard Avenue Middleton, WI 53562 *Pre-registration/payment required. \$5/class. Call 608-831-2373 or pay in-person by cash/check. *Does not require diagnosis
Cottage Grove Memory Café 4 th Wednesday of the month 9:30-11:00 am	Hope Lutheran Church 3702 County Hwy AB, McFarland, WI 53558 Contact: Georgia Punswick at (608) 839-4426 Organizers: Georgia Punswick, Pat Donovan, Camilla Farwell, and Carol Kelly
Forget-Me-Nots Group 1 st and 3 rd Tuesdays 10-11:30 am	Middleton Senior Center Hosted by St. Luke's Lutheran Church and the Middleton Senior Center Contact: Designated Case Manager at 608-831-2373. *Requires mild-moderate dementia diagnosis to participate.
Jewish Social Services Memory Café 2 nd Thursday of the month 1:00-2:30 pm	Temple Beth El 2702 Arbor Dr. Madison WI 53711 Contact: RSVP to Kate Shenker at Kate@jssmadison.org or call 608-442-4081
Monona Memory Café 1 st Wednesday of the month 10-11:30 am	Monona Library 1000 Nichols Road, Monona, WI 53716 Contact: 608-222-3415 Organizer: Diane Mikelbank
Neighborhood House Memory Café 3 rd Monday of the month 11am-12:30pm	Neighborhood House Community Center 29 S. Mills St. Madison, WI 53715 Contact: 608-255-5337 or info@neighborhoodhousemadison.org Organizer: Sarah and Laura

<p>La Cafeteria De La Memoria Thursdays 2:00-3:00 pm *Spanish Speaking</p>	<p>Virtual/Zoom To register, call 608-512-0000, and dial '2' if you are Spanish speaking. Leave a message and someone will get back to you with additional details.</p>
<p>Lake Edge Lutheran Church Memory Café 3rd Wednesday of the month 10-11:30am</p>	<p>Lake Edge Lutheran Church 4032 Monona Drive Madison, WI 53716 Contact: 608-222-7339</p>
<p>SPARK! 1st Friday of the month 10-11:30 am</p>	<p>ARTS for ALL Warner Park Community Center <i>(Unless there's a special outing scheduled)</i> 1625 Northport Dr., Madison, WI 53704 Contact: Jennie Mullins at 608-241-2131</p>
<p>Stoughton Memory Café 1st Tuesday of the month 9:30-11:00 AM</p>	<p>Stoughton Health Bryant Health Education Center 900 Ridge Street, Stoughton, WI 53589 Contact: 608-873-8585 Organizers: Jen Erb and Heather Kleinbrook</p>
<p>Verona Memory Café (Club 108) Wednesdays 10:00–11:30 AM</p>	<p>Verona Senior Center 108 Paoli St., Verona, WI 53593 Contact: Janice Paul at 608-848-0436 or 608-845-7471</p>
<p>Waunakee Memory Café 1st Thursday of the month 9:30-11:00am</p>	<p>Steeplechase Apartments Clubhouse, 5706 Steeplechase Dr., Waunakee, WI Contact: Waunakee Senior Center/Cindy Moisman at 608-849-8385</p>