

2865 North Sherman Avenue ■ Madison, WI 53704  
608-240-7400 ■ [www.daneadrc.org](http://www.daneadrc.org)

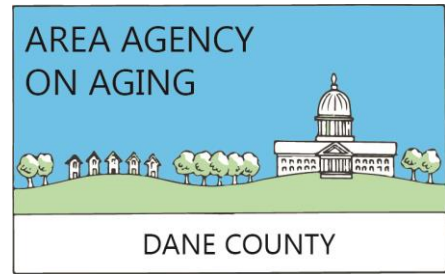
## General Caregiver Support Groups

*For Dane County residents providing support to another in some capacity*

Date & Time	Location	Contact for Additional Info.
2 <sup>nd</sup> Wednesday of the month at 10:30-11:30 am	<b>Brightstar Senior Living</b> 1001 Quinn Dr Waunakee, WI 53597	Dave Scheidell 608-849-1567 <a href="mailto:Dave.scheidell@brightstarniorliving.com">Dave.scheidell@brightstarniorliving.com</a>
3 <sup>rd</sup> Thursday of the month at 3:00 p.m.	<b>DeForest Area Community Senior Center</b> 505 North Main St. DeForest, WI 53532	Natalie Raemisch 608-846-9469
2 <sup>nd</sup> Thursday of the month at 10:00 a.m.	<b>Fitchburg Senior Center</b> 5510 Lacy Rd. Fitchburg, WI 53711	Suzie Jones 608-270-4290 <a href="mailto:suzie.jones@fitchburgwi.gov">suzie.jones@fitchburgwi.gov</a>
Last Thursday of the month at 10:00 a.m.	<b>Middleton Senior Center</b> 7448 Hubbard Ave. Middleton, WI 53562	<i>Heartland/Promedica</i> 608-819-0033
2 <sup>nd</sup> Wednesday of the month from 1:30-2:30 p.m.	<b>Oregon Senior Center</b> 219 Park St. Oregon, WI 53575	608-835-5801
1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of the month at 10:00 a.m.	<b>Verona Senior Center</b> 108 Paoli St. Verona, WI 53593	608-845-7471
3 <sup>rd</sup> Tuesday of the month at 9:30 a.m.	<i>*For First-Time Caregivers*</i> <b>Verona Senior Center</b> 108 Paoli St. Verona, WI 53593	608-845-7471

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\*Information courtesy of AAA and the ADRC of Dane County.  
Neither specifically endorses or recommends specific agencies, facilities, or programs.



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1 <sup>st</sup> Tuesday of the month from 2:30-4:00 p.m.	<b>Waunakee Senior Center</b> 333 S. Madison St. Waunakee, WI 53597	Melissa Woznick 608-849-8547
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### Caregiver Support Groups for Parkinson's

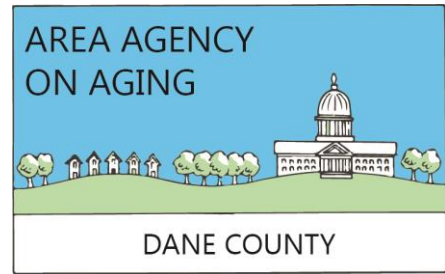
Date & Time	Location	Contact for Additional Info.
4 <sup>th</sup> Wednesday of the month from 10:00-11:00 a.m.	<b>The Courtyard at Fitchburg</b> 5669 Wilshire Dr. Fitchburg, WI 53711 <i>*For those affected &amp; care partners*</i>	Karen Jeffers 608-886-6711 <a href="mailto:kjeffers@encorescares.com">kjeffers@encorescares.com</a> <i>*With the American Parkinson's Disease Association</i>
1 <sup>st</sup> Wednesday of the month from 2:00-4:00 p.m.	<b>Monona United Methodist Church</b> 606 Nichols Rd. Monona, WI 53716	Siv Golding 608-839-3512
3 <sup>rd</sup> Thursday of the month at 1:00 p.m.	<b>Waunakee Senior Center</b> 333 S. Madison St. Waunakee, WI 53597	Candice Duffek 608-850-5877

### Local Caregiver Support Groups for Dementia and Memory Loss

Date & Time	Location	Contact for Additional Info.
4th Thursday of the month at 1:00-2:30 pm	<b>ADRC</b> 2865 North Sherman Ave. Madison, WI 53704	ADRC Dementia Support Specialist 608-240-7400
2 <sup>nd</sup> Tuesday of the month at 1:00 pm	<b>Amundson Center</b> 200 Spring Street Cambridge, WI 53523	Dementia Care Specialist Tonya Runyard & Kayla Olson 608-240-764 <a href="mailto:Danedcs@danecounty.gov">Danedcs@danecounty.gov</a>

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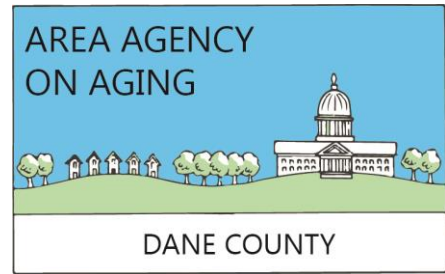


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2 <sup>nd</sup> Tuesday of the month at 10:30 am - 12:00 pm	<b>Good Shepherd Lutheran Church</b> 5701 Raymond Road Madison, WI 53711	ADRC Dementia Support Specialist 608-240-7400
3 <sup>rd</sup> Wednesday of the month 6-8 pm	<b>UW South Madison Partnership Building</b> 2238 S. Park St. Madison, WI 53713 <i>*For Adult Children Caregiver*</i>	ADRC Dementia Support Specialist 608-240-7400
2 <sup>nd</sup> Tuesday of the month from 10:30-11:30 a.m.	<b>Capitol Lakes SNF &amp; Rehab</b> 333 W. Main St. Madison, WI 53703	Natasha Killian; 608-283-2088 <i>*Sponsored by the Alzheimer's Association (AA)</i>
4 <sup>th</sup> Tuesday of the month 4:30-5:30pm	<b>Fitchburg Library</b> 5530 Lacy Road Fitchburg, WI 53711 <i>*Young Caregiver Support Group (Under 60 or still working)*</i>	ADRC Dementia Support Specialist 608-240-7400
1 <sup>st</sup> Thursday of the month from 10:00-11:30 a.m.	<b>Middleton Senior Center</b> 7448 Hubbard Ave. Middleton, WI 53562	608-819-0033 <a href="mailto:niebian@yahoo.com">niebian@yahoo.com</a>
3 <sup>rd</sup> Tuesday of the month from 11:00-12:30 p.m.	<b>Monona Senior Center</b> 1011 Nichols Rd. Monona, WI 53716	Heidi M; 608-658-8099 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2 <sup>nd</sup> Thursday of the month from 2:00-3:30 p.m.	<b>Stoughton Senior Center</b> Stoughton Room 248 W. Main St. #1 Stoughton, WI 53589	608-873-8585 <i>*Sponsored by the Alzheimer's Association (AA)</i>
4 <sup>th</sup> Thursday of the month at 2:00 p.m.	<b>Sun Prairie Colonial Club 301</b> Blankenheim Ln. Sun Prairie, WI 53590	Randy Zehr; 608-712-2707; <a href="mailto:randallleezehr@gmail.com">randallleezehr@gmail.com</a> <i>*Sponsored by the Alzheimer's Association (AA)</i>

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3 <sup>rd</sup> Wednesday of the month from 10:30-12:00 p.m.	<b>Vista West</b> 150 Bella Vista Dr. Madison, WI 53717	Nicole Nelson; 608-820-1806 <a href="mailto:nnelson@capricommunities.com">nnelson@capricommunities.com</a> <i>*Sponsored by the Alzheimer's Association (AA)</i>
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## Men's Caregiver Support Groups for Dementia and Memory Loss

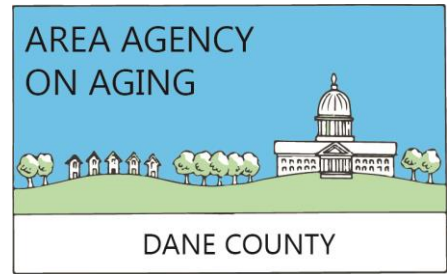
Date & Time	Location	Contact for Additional Info.
1 <sup>st</sup> Tuesday of the month at 1:00-2:30pm	<b>Virtual/Webinar</b> <i>*Other virtual groups listed in next section</i>	ADRC Dementia Support Specialist 608-240-7400
2 <sup>nd</sup> Tuesday of the month at 1:00-2:30 pm	<b>Good Shepherd Lutheran Church</b> 5701 Raymond Road Madison, WI 53711	ADRC Dementia Support Specialist 608-240-7400
3 <sup>rd</sup> Tuesday of the month at 1:00-2:30 pm	<b>ADRC</b> 2865 North Sherman Ave. Madison, WI 53704	ADRC Dementia Support Specialist 608-240-7400

## Virtual Caregiver Support Groups for Dementia and Memory Loss

Date & Time	Location	Contact for Additional Info.
2 <sup>nd</sup> Thursday of the month at 1-2:30pm	<b>Webinar/Phone</b> <i>*For Dane County Caregivers</i>	ADRC Dementia Support Specialist 608-240-7400
1 <sup>st</sup> Wednesday of the month at 6:30-8pm	<b>Webinar/Phone</b> <i>*For adult children caregivers (Dementia and Memory Loss)</i>	ADRC Dementia Support Specialist 608-240-7400
3 <sup>rd</sup> Wednesday from 5-6pm	<b>Webinar/Phone</b> <i>*For people who provide care for aging individuals with Down Syndrome</i>	Contact Mary Gaffron to receive Zoom link <a href="mailto:mgaffron@dsaw.org">mgaffron@dsaw.org</a> <i>*Partnering with Alzheimer's Association</i>
Every other Friday from 10-11:30 a.m.	<b>Phone In</b> <i>*For Family Caregivers with a Loved One with dementia in a Facility*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>

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4 <sup>th</sup> Tuesday of the month from 10:00-11:30 a.m.	<b>Webinar/Phone</b> <i>*For Family Caregivers with a Loved One with Dementia in the Early Stages*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays from 1:30-3:30 p.m.	<b>Webinar/Phone</b> <i>*For Caregivers of someone with Lewy Body Dementia*</i>	Dementia Care Specialist: Rob Griesel 920-386-4308 or <a href="mailto:rgriesel@co.dodge.wi.us">rgriesel@co.dodge.wi.us</a>
1 <sup>st</sup> Monday from 7:00-8:00 p.m.	<b>Webinar/Phone</b> <b>Monday D.I.S.H.</b> (Dementia Informed Super Heroes) <i>*For Employed Children/Family Caregivers with a Loved One with Dementia*</i>	Dementia Care Specialists: Scott Seeger 715-261-6066 <a href="mailto:Scott.seeger@adrc-cw.org">Scott.seeger@adrc-cw.org</a> OR Carla Berscheit at <a href="mailto:cberscheit@co.chippewa.wi.us">cberscheit@co.chippewa.wi.us</a>
2nd Wednesday from 6-7p.m. ET	<b>Webinar/Phone</b> <i>*For Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2nd Thursday from 6:30-7:30p.m. CT	<b>Webinar/Phone</b> <i>*For Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>

**For resources and supports more specifically related to Dementia with Lewy Bodies, visit the Lewy Body Dementia Association (LBDA) website, at [www.lbda.org](http://www.lbda.org)**