Who is on your interdisciplinary team?

When you participate in a Family Care Partnership program, also known as Partnership, a team of people come together to help you identify what sort of assistance you might need and work with you to arrange your long-term and health and medical services. You are an active participant on the team that also includes, at a minimum, a physician, a nurse practitioner, a care manager, and a registered nurse. You can choose to include a family member or loved one on your team. Sometimes people also choose other professionals, such as a personal care worker, to participate as team members as well. In Partnership, this team is called an “interdisciplinary team.”

What does your interdisciplinary team do?

The interdisciplinary team plans, delivers, and oversees your care across all settings, from your home to the hospital. The team completes an assessment of your needs and develops a plan for services to meet those needs. The services outlined in your plan are individualized for you and focus on the most effective and cost-effective way to meet your needs and personal outcomes. The care manager, registered nurse, and nurse practitioner authorize payment for your services, and monitor the quality of the services you receive.

Here’s an example of an interdisciplinary team in Partnership. The person in the center is you. The role of the interdisciplinary team is to support you in achieving your outcomes.