

2865 North Sherman Avenue ■ Madison, WI 53704
608-240-7400 ■ www.daneadrc.org

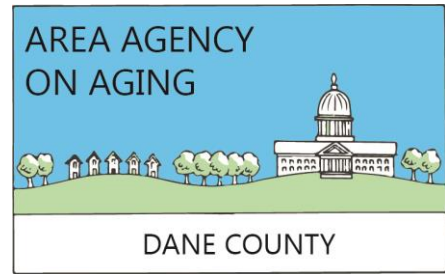
General Caregiver Support Groups

For Dane County residents providing support to another in some capacity

Date & Time	Location	Contact for Additional Info.
2 nd Wednesday of the month at 10:30-11:30 am	Brightstar Senior Living 1001 Quinn Dr Waunakee, WI 53597	Dave Scheidell 608-849-2322 Dave.scheidell@brightstarniorliving.com
3 rd Thursday of the month at 3:00 p.m.	DeForest Area Community Senior Center 505 North Main St. DeForest, WI 53532	Natalie Raemisch 608-846-9469
2 nd Thursday of the month at 10:00 a.m.	Fitchburg Senior Center 5510 Lacy Rd. Fitchburg, WI 53711	Suzie Jones 608-270-4290 suzie.jones@fitchburgwi.gov
Last Thursday of the month at 10:00 a.m.	Middleton Senior Center 7448 Hubbard Ave. Middleton, WI 53562	608-831-2373
2 nd Wednesday of the month from 1:30-2:30 p.m.	Oregon Senior Center 219 Park St. Oregon, WI 53575	608-835-5801
1 st and 3 rd Tuesday of the month at 10:00 a.m.	Verona Senior Center 108 Paoli St. Verona, WI 53593	608-845-7471
3 rd Tuesday of the month at 9:30 a.m.	<i>*For First-Time Caregivers*</i> Verona Senior Center 108 Paoli St. Verona, WI 53593	608-845-7471

Last Revised October 2024

*Information courtesy of AAA and the ADRC of Dane County.
Neither specifically endorses or recommends specific agencies, facilities, or programs.



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1 st Tuesday of the month from 2:30-4:00 p.m.	Waunakee Senior Center 333 S. Madison St. Waunakee, WI 53597	Melissa Woznick 608-849-8547
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Caregiver Support Groups for Parkinson's

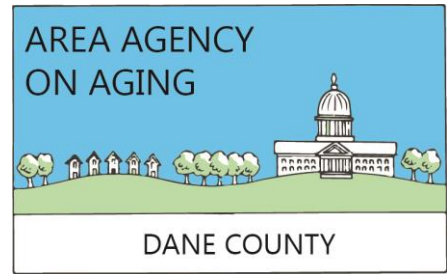
Date & Time	Location	Contact for Additional Info.
4 th Wednesday of the month from 10:00-11:00 a.m.	The Courtyard at Fitchburg 5669 Wilshire Dr. Fitchburg, WI 53711 <i>*For those affected & care partners*</i>	Karen Jeffers 608-886-6711 kjeffers@encorescares.com <i>*With the American Parkinson's Disease Association</i>
1 st Wednesday of the month from 2:00-4:00 p.m.	Monona United Methodist Church 606 Nichols Rd. Monona, WI 53716	Siv Golding 608-839-3512
3 rd Thursday of the month at 1:00 p.m.	Waunakee Senior Center 333 S. Madison St. Waunakee, WI 53597	Candice Duffek 608-850-5877

Local Caregiver Support Groups for Dementia and Memory Loss

Date & Time	Location	Contact for Additional Info.
4 th Thursday of the month at 1:00-2:30 pm	ADRC 2865 North Sherman Ave. Madison, WI 53704	Julia Hayde ADRC Dementia Support Specialist 608-896-0899
2 nd Tuesday of the month at 1:00 pm	Amundson Center 200 Spring Street Cambridge, WI 53523	Dementia Care Specialist Tonya Runyard & Kayla Olson 608-240-7464 Danedcs@danecounty.gov

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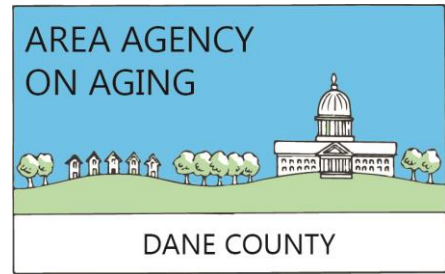


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2 nd Tuesday of the month at 10:30 am - 12:00 pm	Good Shepherd Lutheran Church 5701 Raymond Road Madison, WI 53711	Julia Hayde ADRC Dementia Support Specialist 608-896-0899
3 rd Wednesday of the month 6:30-8 pm	UW South Madison Partnership Building 2238 S. Park St. Madison, WI 53713 Room 117 <i>*For Adult Children Caregiver*</i>	Julia Hayde ADRC Dementia Support Specialist 608-896-0899
2 nd Tuesday of the month from 10:30-11:30 a.m.	Capitol Lakes SNF & Rehab 333 W. Main St. Madison, WI 53703	Natasha Killian; 608-283-2088 <i>*Sponsored by the Alzheimer's Association (AA)</i>
4 th Tuesday of the month 4:30-5:30pm	Fitchburg Library 5530 Lacy Road Fitchburg, WI 53711 <i>*Young Caregiver Support Group (Under 60 or still working)*</i>	ADRC Dementia Support Specialist 608-240-7400
1 st Thursday of the month from 10:00-11:30 a.m.	Middleton Senior Center 7448 Hubbard Ave. Middleton, WI 53562	niebian@yahoo.com
3 rd Tuesday of the month from 11:00-12:30 p.m.	Monona Senior Center 1011 Nichols Rd. Monona, WI 53716	Heidi M; 608-658-8099 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2 nd Thursday of the month from 2:00-3:30 p.m.	Stoughton Senior Center Stoughton Room 248 W. Main St. #1 Stoughton, WI 53589	608-873-8585 <i>*Sponsored by the Alzheimer's Association (AA)</i>
4 th Thursday of the month at 2:00 p.m.	Sun Prairie Colonial Club 301 Blankenheim Ln. Sun Prairie, WI 53590	Randy Zehr; 608-712-2707; randallleezehr@gmail.com <i>*Sponsored by the Alzheimer's Association (AA)</i>

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3 rd Wednesday of the month from 10:30-12:00 p.m.	Vista West 150 Bella Vista Dr. Madison, WI 53717	Nicole Nelson; 608-820-1806 nnelson@capricommunities.com <i>*Sponsored by the Alzheimer's Association (AA)</i>
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Men's Caregiver Support Groups for Dementia and Memory Loss

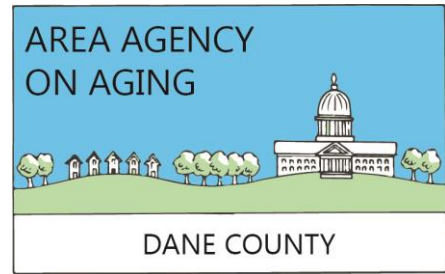
Date & Time	Location	Contact for Additional Info.
1 st Tuesday of the month at 1:00-2:30pm	Virtual/Webinar <i>*Other virtual groups listed in next section</i>	Julia Hayde ADRC Dementia Support Specialist 608-896-0899
2 nd Tuesday of the month at 1:00-2:30 pm	Good Shepherd Lutheran Church 5701 Raymond Road Madison, WI 53711	Julia Hayde ADRC Dementia Support Specialist 608-896-0899
3 rd Tuesday of the month at 1:00-2:30 pm	ADRC 2865 North Sherman Ave. Madison, WI 53704	Julia Hayde ADRC Dementia Support Specialist 608-896-0899

Virtual Caregiver Support Groups for Dementia and Memory Loss

Date & Time	Location	Contact for Additional Info.
2 nd Thursday of the month at 1-2:30pm	Webinar/Phone <i>*For Dane County Caregivers</i>	Julia Hayde ADRC Dementia Support Specialist 608-896-0899
1 st Wednesday of the month at 6:30-8pm	Webinar/Phone <i>*For adult children caregivers (Dementia and Memory Loss)</i>	Julia Hayde ADRC Dementia Support Specialist 608-896-0899
3 rd Wednesday from 5-6pm	Webinar/Phone <i>*For people who provide care for aging individuals with Down Syndrome</i>	Contact Mary Gaffron to receive Zoom link mgaffron@dsaw.org <i>*Partnering with Alzheimer's Association</i>
Every other Friday from 10-11:30 a.m.	Phone In <i>*For Family Caregivers with a Loved One with dementia in a Facility*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>

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4 th Tuesday of the month from 10:00-11:30 a.m.	Webinar/Phone <i>*For Family Caregivers with a Loved One with Dementia in the Early Stages*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2 nd and 4 th Wednesdays from 1:30-3:30 p.m.	Webinar/Phone <i>*For Caregivers of someone with Lewy Body Dementia*</i>	Dementia Care Specialist: Rob Griesel 920-386-4308 or rgriesel@co.dodge.wi.us
1 st Monday from 7:00-8:00 p.m.	Webinar/Phone Monday D.I.S.H. (Dementia Informed Super Heroes) <i>*For Employed Children/Family Caregivers with a Loved One with Dementia*</i>	Dementia Care Specialists: Scott Seeger 715-261-6066 Scott.seeger@adrc-cw.org OR Carla Berscheit at cberscheit@co.chippewa.wi.us
2nd Wednesday from 6-7p.m. ET	Webinar/Phone <i>*For Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2nd Thursday from 6:30-7:30p.m. CT	Webinar/Phone <i>*For Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>

For resources and supports more specifically related to Dementia with Lewy Bodies, visit the Lewy Body Dementia Association (LBDA) website, at www.lbda.org