

Caregiver Support Groups



YOU ARE NOT ALONE.

Madison

Location	Date/Time	Organization	Phone	Notes
Alzheimer's Association 749 University Row #1	1 st Monday Noon	Alzheimer's Association	608-203-8500	Alzheimer's / dementia
Capitol Lakes 333 West Main Street	2 nd Monday Noon	Alzheimer's Association	608-283-2000	Natasha Killian jpeterston@retirement.org Alzheimer's / dementia
ADAW 3330 University Ave. #300	1 st Wednesday 6 p.m.	Alzheimer's & Dementia Alliance	608-232-3400	Adult Children Alzheimer's / dementia
Coffee for Caregivers	1 st Monday 10 - 11 a.m.	ADRC; Alzheimer's Association	608-240-7400 608-203-8500	Alzheimer's / dementia *Male caregivers
Covenant Presbyterian 326 South Segoe Road	1 st Thursday 10 a.m.	Alzheimer's & Dementia Alliance	608-232-3400	Alzheimer's / dementia

DeForest

Location	Date/Time	Organization	Phone	Notes
DeForest Area Community and Senior Center 505 North Main Street	3 rd Tuesday 3 p.m.	Natalie Raemisch	608-846-9469	General

Fitchburg

Location	Date/Time	Organization	Phone	Notes
Fitchburg Senior Center 5510 East Lacy Road	2 nd Thursday 10 a.m.	Alzheimer's & Dementia Alliance	608-232-3400	Alzheimer's/ Dementia

Middleton

Location	Date/Time	Organization	Phone	Notes
Common Ground 644 Branch Street	2 nd Monday 5:30 - 6:30 p.m.	Artisan Assisted Living & Memory Care	608-843-4386	General Caregiving Alzheimer's/ Dementia
Middleton Senior Center 7448 Hubbard Avenue	Last Thursday 10 a.m.	Heartland Senior Center	608-831-2373	General Caregiving Alzheimer's/ Dementia

Mt. Horeb

Location	Date/Time	Organization	Phone	Notes
Mt. Horeb Senior Center 107 North Grove Street	2 nd Tuesday 1 p.m.	Mt. Horeb Senior Center	608-437-6902	Lynn Forshaug General Caregiving

Oregon

Location	Date/Time	Organization	Phone	Notes
Oregon Senior Center 219 Park Street	3 rd Monday 9 a.m.	Oregon Senior Center	608-835-9454	Dana Ames General Caregiving
Sienna Crest Office 845 Market Street	4 th Wednesday 6 - 7:30 p.m.	Alzheimer's Association	608-835-0040	Supper & Support Sienna Crest coordinates

Stoughton

Location	Date/Time	Organization	Phone	Notes
Stoughton Senior Center 248 W Main Street	2 nd Thursday 2:00 p.m.	Alzheimer's Association	608-873-8585	Memory Loss Caregiver Support Group

Sun Prairie

Location	Date/Time	Organization	Phone	Notes
Hyland Park 881 Liberty Boulevard Sun Prairie	4 th Thursday 1:30 - 2:30 p.m.	Alzheimer's Association	608-203-8500	Contact Lizzie Gernon 608-213-7810 Alzheimer's / dementia
Colonial Club	3 rd Tuesday 6:30 p.m.	Alzheimer's & Dementia Alliance	608-232-3400	Joann Clark Alzheimer's / dementia
New Perspective Senior Living 222 S Bristol Street	2 nd Tuesday 6 p.m.	Alzheimer's Association	608-203-8500	Kim Peterson 608-347-3399 Alzheimer's / dementia

Verona

Location	Date/Time	Organization	Phone	Notes
Verona Senior Center 108 Paoli Street	1 st & 3 rd Tuesday 10:00 a.m.	Verona Senior Center	608-845-7471	Becky Losby General Caregiving (Club 108 consecutively)

Waunakee

Location	Date/Time	Organization	Phone	Notes
Waunakee Senior Center 333 S Madison Street	3 rd Wednesday 3:30 p.m.	Alzheimer's & Dementia Alliance	608-849-8385	Melissa Woznick Alzheimer's / dementia

Men's Group – Alzheimer's / dementia caregivers

Location	Date/Time	Organization	Phone	Notes
ADAW 3330 University Ave. #300, Madison	2 nd Thursday 9:15 a.m.	Alzheimer's & Dementia Alliance	608-232-3400	Alzheimer's / dementia

Young Onset Alzheimer's / dementia

Location	Date/Time	Organization	Phone	Notes
ADAW 3330 University Ave. #300, Madison	2 nd Saturday 10:00 a.m.	Alzheimer's & Dementia Alliance	608-232-3400	Caring for person with dementia under age 65

On Line

Location	Date/Time	Organization	Phone	Notes
Online	2 nd & 4 th Thursday 7 p.m.	Alzheimer's Association	608-203-8500	Bonnie Nutt Alzheimer's / dementia Caregivers under 40



Aging & Disability Resource Center of Dane County
www.daneadrc.org
(608) 240-7400
2865 N Sherman Avenue Madison , WI 53704